# What does a School Counselor do?

I work collaboratively with teachers, parents, and community resources to enhance the social/emotional, academic, and college/career development and success of all students. Further, I help remove any barriers that are preventing the student form learning or being successful.

### I provide:

- Classroom lessons on topics such as social skills, school success skills, coping skills, etc.
- Small group counseling
- Short-term individual counseling
- Consultation with parents and teachers
- Community resource referrals
- School-wide programming

### How do students access School Counseling services?

Students come to me in a variety of ways including

- Self-referral
- Parent referral
- Administration, teacher, or other staff referral
- Referrals by friend(s)

#### Confidentiality

Information students share is never disclosed to others unless a student gives permission for information to be shared or the information shared is impacting their safety or well-being. For example:

- A) the student is being hurt by someone else
- B) the student wants to hurt someone else
- C) the student wants to hurt themselves

# Will I be notified if you see my student(s)?

Students frequently pop in to tell me about relatively minor issues like an argument with a peer, stress about a test, or the death of a pet. Therefore, I will not notify you unless:

- A) there is a safety concern
- B) your student has asked to see me repeatedly
- C) if the worry or problem is significant (by adult standards)

I will ask for your permission if I think your student would benefit from regular meetings with me or participation in a group.







### RAYMOND SCHOOL COUNSELING

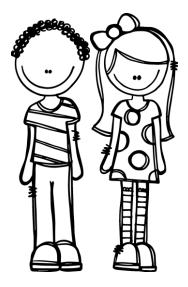
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### Elementary School Counselor's Role

The elementary years are a time when students begin to develop their academic self-concept and their feelings of competence and confidence as learners. They are beginning to develop decision-making, communication and life skills, as well as character values. It is also a time when students develop and acquire attitudes toward school, self, peers, social groups, and family. Comprehensive developmental school counseling programs provide education, prevention, and intervention services which are integrated into all aspects of children's lives. Early identification and intervention of children's academic and social/emotional needs is essential in removing barriers to learning and in promoting academic achievement. The knowledge, attitudes and skills students acquire in the areas of academic, career, and social development during these elementary years serve as the foundation for future success.

What kinds of things do I talk about with students in classroom counseling, small groups, and individual counseling?

- Conflict resolution
- Coping skills
- Goal setting
- Making and keeping friends
- Managing strong feelings
- Self-esteem
- Stress reduction
- Study skills



## Middle School Counselor's Role

Middle school students are characterized by rapid physical growth, curiosity about their world, and an emerging self-identity. Through a comprehensive developmental school counseling program, counselors work as a team member with school staff, parents and the community to create a caring, supportive climate and atmosphere whereby young adolescents can achieve academic success Middle school counselors enhance the learning process and achievement. School academic promote counseling programs are essential for students to achieve optimal personal growth, acquire positive social skills and values, set appropriate career goals, and realize full academic potential to become productive, contributing members of the world community.